



Summer Food Service Program 2018

Free meals for children 18 and under! Sponsored by Valparaiso Community Schools

Menu subject to change without notice due to product availability.

Monday	Tuesday	Wednesday	Thursday	Friday
Blueberry Muffin	Dutch Waffle	Mini Pancakes	Mini Cinnamon Cream Cheese Bagel	Cocoa Cherry Nutrition Bar

BREAKFAST—Available only at Thomas Jefferson Middle School. Includes fruit or juice, cheese or yogurt and milk.

LUNCH WEEK 1 BLUE

All meals include milk

Crispy Chicken Sandwich	Beef Hot Dog	Chicken "Smackers"	Turkey Sub Sandwich	Pizza Crunchers
Fresh Carrot Coins & Dip	Pickle Spears	Fresh Celery & Dip	Sun Chips	Fresh Veggie Cup
Applesauce Cup	Strawberries	Peaches	Paradise 100% Juice	Dip
			Fresh Apple Slices	Choice of Fruit



LUNCH WEEK 2 RED

All meals include milk

Cheeseburger	Chicken Nuggets	Cheese Quesadilla	Chicken Tenders	Domino's® Smart Slice Cheese Pizza
Fresh Broccoli & Dip	Cucumber Slices & Dip	Salsa Cup	Green and Red Pepper Strips with Dip	Fresh Veggie Cup & Dip
Pineapple	Seasonal Fresh Fruit	Fresh Watermelon	Applesauce Cup	Choice of Fruit
		States & Capitals Cookies		

Week 1 BLUE: June 7-8, June 18-22, July 9-13, July 23-27

Week 2 RED: June 11-15, June 25-29, July 16-20

Meals served Monday through Friday. (No meals served July 2—6)

This institution is an equal opportunity provider .

Questions? We can help! Call Valparaiso Community Schools School Nutrition Office at (219) 531-3050.

